

Record of Continuing Education  
All items listed in reverse chronological order

### Third Quarter, 2022

**Book:** “For the Inward Journey: The Writings of Howard Thurman” selected by Anne Spencer Thurman (Harcourt, Brace, Jovanovich, 1984)

**Book:** “The Miracle of Existence” by Henry Margenau (Oxbow Press, 1984)

**Book:** “We Live for the We: The Political Power of Black Motherhood” by Dani McClain (Bold Type Books, 2019)

**Book:** “Lost & Found” by Kathryn Schulz (Random House, 2022)

**Book:** “Emergent Strategy: Shaping Change, Changing Worlds” by adrienne maree brown (AK Press, 2017)

**Podcast:** “Teaching Toddlers Healthy Eating” interview with Dr. Robert Nix at *Pediatrics On-Call*, (published by the American Academy of Pediatrics, episode #41, January 19, 2021)

**Recorded Essay:** “Uses of the Erotic: The Erotic as Power” by Audre Lorde (printed version published in “Sister Outsider,” 1984) <https://www.youtube.com/watch?v=aWmq9gw4Rq0>

**Interview:** “We are in a Time of New Suns” unedited interview with adrienne maree brown by Krista Tippett at OnBeing.org, June 23, 2022, <https://onbeing.org/programs/adrienne-maree-brown-we-are-in-a-time-of-new-suns/>

**Book:** “The Life You Can Save: How to Do Your Part to End World Poverty” by Peter Singer, Ten Year Anniversary edition (Random House, 2019)

**Book:** “Autism and Asperger Syndrome” by Simon Baron-Cohen (Oxford University Press, 2008)

**Book:** “Biofeedback: A Practitioner’s Guide” Second edition by Mark S. Schwartz and associates (Guilford Press, 1995)

**Podcast:** “Screen Time” interview with Dr. Jenny Radesky at *Pediatrics On-Call*, (published by the American Academy of Pediatrics, episode #39, January 5, 2021)

**Book:** “Guidance on Community Mental Health Services: Promoting Person-Centered and Rights-Based Approaches; Technical Package” by World Health Organization (World Health Organization, 2021)

**Article:** “Wealth of Two Nations: The U.S. Racial Wealth Gap, 1860-2020” by Ellora Derenoncourt, Chi Hyun Kim, Moritz Kuhn, Moritz Schularick, National Bureau of Economic Research working paper, No. 30101, June 2022

**Book Chapter:** “Transgender” by Andrew Solomon in *Far From the Tree: Parents, Children, and the Search for Identity* (Scribner, 2012, pp. 599-676)

**Book Chapter:** “Autism” by Andrew Solomon in *Far From the Tree: Parents, Children, and the Search for Identity* (Scribner, 2012, pp. 221-294)

**Book:** “An Anthropologist on Mars: Seven Paradoxical Tales” by Oliver Sacks (Vintage Books, 1995)

### Second Quarter, 2022

**Book:** “Ask and Tell: Self-Advocacy and Disclosure for People on the Autism Spectrum” ed. by Stephen M. Shore (Autism Asperger Publishing Co, 2004)

**Podcast:** “Whole Body Mental Health” unedited interview with Kimberley Wilson at *onBeing with Krista Tippett*, May 19, 2022, <https://onbeing.org/programs/kimberley-wilson-whole-body-mental-health/>

**Book:** “The Siege: The First Eight Years of an Autistic Child; with an epilogue fifteen years later” by Clara Claiborne Park (Little, Brown & Co., 1967, 1982)

**Book:** “The Hidden Curriculum: Practical Solutions for Understanding Unstated Rules in Social Situations” by Brenda Smith Myles, Melissa L. Trautman, and Ronda L. Schelvan (Autism Asperger Publishing Co, 2004)

**Podcast:** “Maximize Your Motivation: Dopamine, Discipline, and Accepting Our Nature” *Being Well* hosted by Forrest Hanson and Dr. Rick Hanson, May 2, 2022 <https://www.rickhanson.net/being-well-podcast-maximize-your-motivation/>

**Book:** “Neurotribes: The Legacy of Autism and The Future of Neurodiversity” by Steve Silberman (Avery, 2015)

**Article:** “The Heilpädagogical Station of the Children’s Clinic at the University of Vienna” by Joseph J. Michaels, MD *American Journal of Orthopsychiatry* (July, 1935, pp. 266-275)

**Book:** “What Are People For?” by Wendell Berry (Counterpoint, 1990, 2010)

**Book:** “The Autistic Brain: Thinking Across the Spectrum” by Temple Grandin with Richard Panek (Houghton Mifflin Harcourt, 2013)

**Book:** “Autism Spectrum Disorder: A Clinical Guide for General Practitioners” by V. Mark Durand (American Psychological Association, 2014)

**Book:** “Uniquely Human: A Different Way of Seeing Autism” by Barry M. Prizant, PhD (Simon & Schuster, 2015)

### First Quarter, 2022

**Book:** “Doughnut Economics: Seven Ways to Think Like a 21<sup>st</sup> Century Economist” by Kate Raworth (Chelsea Green Publishing, 2017)

**Book:** “Regarding the Pain of Others” by Susan Sontag (Farrar, Straus, and Giroux, 2003)

**Book:** “Absence of Mind: The Dispelling of Inwardness From the Modern Myth of the Self” by Marilynne Robinson (Yale University Press, 2010)

**Podcast:** “Building Resilience Through Play” *The Brain Architects* podcast hosted by Sally Pfitzer, Center on the Developing Child at Harvard University, February 22, 2022

**Book:** “Born to Rebel: An Autobiography” by Benjamin E. Mays (Charles Scribner’s Sons, 1971)

**Book:** “Women of Crisis: Lives of Struggle and Hope” by Robert Coles and Jane Hallowell Coles (Merloyd Lawrence Book, 1978)

**Podcast:** “Altered States, Shamanism, and Beliefs;” a *Fitmind* interview with Roger Walsh, MD by Liam McClintock, episode 72, July 17, 2021

**Course:** “Ethical Decision-Making in Supervision: Overview and Practical Application” by Dr. Cheryl Meola, PhD provided by Eastern AHEC, recorded February 19, 2020, completed February 17, 2022

**Course:** “Models, Techniques, Roles, and Functions in Clinical Supervision” by Advanced Counselor Training, LLC, February 14, 2022

**Book:** “An Enquiry Concerning the Principles of Morals” by David Hume (1751)

**Course:** “Trauma-Informed Clinical Supervision” Instructor Celeste Crawford; provided by Eastern AHEC, recorded June, 2020, completed February 7, 2022

**Podcast:** “A Cognitive Skill to Magnify Humanity” unedited interview with Trabian Shorters by Krista Tippet at OnBeing.org, February 3, 2022

**Podcast:** Rick Hanson, PhD “Self-Directed Neuroplasticity;” a *Fitmind* interview by Liam McClintock, episode 60, December 8, 2020

**Podcast:** James Nestor “The Science of Breathing;” a *Fitmind* interview by Liam McClintock, episode 61, December 22, 2020

**Book:** “The Moral Life of Children” by Robert Coles (Atlantic Monthly Press, 1986)

**Podcast:** Apkar V. Apkarian, Ph.D “Pain and Placebo;” a *Fitmind* interview by Liam McClintock, episode 79, October 12, 2021

#### Fourth Quarter, 2021

**Podcast:** David Perlmutter, MD “Nutrition for the Brain;” a *Fitmind* interview by Liam McClintock, episode 68, March 30, 2021

**Podcast:** Robynne Chutkan, MD “Your Microbiome & the Gut-Brain Connection;” a *Fitmind* interview by Liam McClintock, episode 70, April 27, 2021

**Podcast:** “The Fullness of Things” unedited conversation with Jane Hirshfield at *OnBeing with Krista Tippett*, December 16, 2021, <https://onbeing.org/programs/jane-hirshfield-the-fullness-of-things/>

**Book:** “The Age of Dignity: Preparing for the Elder Boom in a Changing America” by Ai-Jen Poo with Ariane Conrad (The New Press, 2015)

**Book:** “The Art of Solitude: A Meditation on Being Alone with Others in the World” by Stephen Batchelor (Yale University Press, 2020)

**Book:** “Poverty and Progress: An Ecological Perspective on Economic Development” by Richard G. Wilkinson (Praeger Publishers, 1973)

**Podcast:** “The Future of Well-Being” unedited conversation with Vivek Murthy & Richard Davidson at *OnBeing with Krista Tippett*, December 2, 2021, <https://onbeing.org/programs/vivek-murthy-and-richard-davidson-the-future-of-well-being/>

**Book:** “The Buddha and His Dhamma” by B.R. Ambedkar (Siddharth College Publication, 1957)

**Book:** “The Impact of Inequality: How to Make Sick Societies Healthier” by Richard G. Wilkinson (The New Press, 2005)

**Article:** Brodish, P.H., M. Massing, and H.A. Tyroler. 2000, Income inequality and all-cause mortality in the 100 counties of North Carolina. *Southern Medical Journal* 93(4): 386-91

**Article:** “When Children Say They’re Trans: Hormones? Surgery? The choices are fraught and there are no easy answers” by Jesse Singal (The Atlantic, July/August, 2018)  
<https://www.theatlantic.com/magazine/archive/2018/07/when-a-child-says-shes-trans/561749/>

**Podcast:** “Finding Ease in Aloneness” interview of Stephen Batchelor at *OnBeing with Krista Tippett*, September 23, 2021, <https://onbeing.org/programs/stephen-batchelor-finding-ease-in-aloneness/>