

Record of Continuing Education
All items listed in reverse chronological order

Second Quarter, 2022

Book: “Ask and Tell: Self-Advocacy and Disclosure for People on the Autism Spectrum” ed. by Stephen M. Shore (Autism Asperger Publishing Co, 2004)

Podcast: “Whole Body Mental Health” unedited interview with Kimberley Wilson at *onBeing with Krista Tippett*, May 19, 2022, <https://onbeing.org/programs/kimberley-wilson-whole-body-mental-health/>

Book: “The Siege: The First Eight Years of an Autistic Child; with an epilogue fifteen years later” by Clara Claiborne Park (Little, Brown & Co., 1967, 1982)

Book: “The Hidden Curriculum: Practical Solutions for Understanding Unstated Rules in Social Situations” by Brenda Smith Myles, Melissa L. Trautman, and Ronda L. Schelvan (Autism Asperger Publishing Co, 2004)

Podcast: “Maximize Your Motivation: Dopamine, Discipline, and Accepting Our Nature” *Being Well* hosted by Forrest Hanson and Dr. Rick Hanson, May 2, 2022 <https://www.rickhanson.net/being-well-podcast-maximize-your-motivation/>

Book: “Neurotribes: The Legacy of Autism and The Future of Neurodiversity” by Steve Silberman (Avery, 2015)

Article: “The Heilpädagogical Station of the Children’s Clinic at the University of Vienna” by Joseph J. Michaels, MD *American Journal of Orthopsychiatry* (July, 1935, pp. 266-275)

Book: “What Are People For?” by Wendell Berry (Counterpoint, 1990, 2010)

Book: “The Autistic Brain: Thinking Across the Spectrum” by Temple Grandin with Richard Panek (Houghton Mifflin Harcourt, 2013)

Book: “Autism Spectrum Disorder: A Clinical Guide for General Practitioners” by V. Mark Durand (American Psychological Association, 2014)

Book: “Uniquely Human: A Different Way of Seeing Autism” by Barry M. Prizant, PhD (Simon & Schuster, 2015)

First Quarter, 2022

Book: “Doughnut Economics: Seven Ways to Think Like a 21st Century Economist” by Kate Raworth (Chelsea Green Publishing, 2017)

Book: “Regarding the Pain of Others” by Susan Sontag (Farrar, Straus, and Giroux, 2003)

Book: “Absence of Mind: The Dispelling of Inwardness From the Modern Myth of the Self” by Marilynne Robinson (Yale University Press, 2010)

Podcast: “Building Resilience Through Play” *The Brain Architects* podcast hosted by Sally Pfitzer, Center on the Developing Child at Harvard University, February 22, 2022

Book: “Born to Rebel: An Autobiography” by Benjamin E. Mays (Charles Scribner’s Sons, 1971)

Book: “Women of Crisis: Lives of Struggle and Hope” by Robert Coles and Jane Hallowell Coles (Merloyd Lawrence Book, 1978)

Podcast: “Altered States, Shamanism, and Beliefs;” a *Fitmind* interview with Roger Walsh, MD by Liam McClintock, episode 72, July 17, 2021

Course: “Ethical Decision-Making in Supervision: Overview and Practical Application” by Dr. Cheryl Meola, PhD provided by Eastern AHEC, recorded February 19, 2020, completed February 17, 2022

Course: “Models, Techniques, Roles, and Functions in Clinical Supervision” by Advanced Counselor Training, LLC, February 14, 2022

Book: “An Enquiry Concerning the Principles of Morals” by David Hume (1751)

Course: “Trauma-Informed Clinical Supervision” Instructor Celeste Crawford; provided by Eastern AHEC, recorded June, 2020, completed February 7, 2022

Podcast: “A Cognitive Skill to Magnify Humanity” unedited interview with Trabian Shorters by Krista Tippett at OnBeing.org, February 3, 2022

Podcast: Rick Hanson, PhD “Self-Directed Neuroplasticity;” a *Fitmind* interview by Liam McClintock, episode 60, December 8, 2020

Podcast: James Nestor “The Science of Breathing;” a *Fitmind* interview by Liam McClintock, episode 61, December 22, 2020

Book: “The Moral Life of Children” by Robert Coles (Atlantic Monthly Press, 1986)

Podcast: Apkar V. Apkarian, Ph.D “Pain and Placebo;” a *Fitmind* interview by Liam McClintock, episode 79, October 12, 2021

Fourth Quarter, 2021

Podcast: David Perlmutter, MD “Nutrition for the Brain;” a *Fitmind* interview by Liam McClintock, episode 68, March 30, 2021

Podcast: Robynne Chutkan, MD “Your Microbiome & the Gut-Brain Connection;” a *Fitmind* interview by Liam McClintock, episode 70, April 27, 2021

Podcast: “The Fullness of Things” unedited conversation with Jane Hirshfield at *OnBeing with Krista Tippett*, December 16, 2021, <https://onbeing.org/programs/jane-hirshfield-the-fullness-of-things/>

Book: “The Age of Dignity: Preparing for the Elder Boom in a Changing America” by Ai-Jen Poo with Ariane Conrad (The New Press, 2015)

Book: “The Art of Solitude: A Meditation on Being Alone with Others in the World” by Stephen Batchelor (Yale University Press, 2020)

Book: “Poverty and Progress: An Ecological Perspective on Economic Development” by Richard G. Wilkinson (Praeger Publishers, 1973)

Podcast: “The Future of Well-Being” unedited conversation with Vivek Murthy & Richard Davidson at *OnBeing with Krista Tippett*, December 2, 2021, <https://onbeing.org/programs/vivek-murthy-and-richard-davidson-the-future-of-well-being/>

Book: “The Buddha and His Dhamma” by B.R. Ambedkar (Siddharth College Publication, 1957)

Book: “The Impact of Inequality: How to Make Sick Societies Healthier” by Richard G. Wilkinson (The New Press, 2005)

Article: Brodish, P.H., M. Massing, and H.A. Tyroler. 2000, Income inequality and all-cause mortality in the 100 counties of North Carolina. *Southern Medical Journal* 93(4): 386-91

Article: “When Children Say They’re Trans: Hormones? Surgery? The choices are fraught and there are no easy answers” by Jesse Singal (The Atlantic, July/August, 2018)
<https://www.theatlantic.com/magazine/archive/2018/07/when-a-child-says-shes-trans/561749/>

Podcast: “Finding Ease in Aloneness” interview of Stephen Batchelor at *OnBeing with Krista Tippett*, September 23, 2021, <https://onbeing.org/programs/stephen-batchelor-finding-ease-in-aloneness/>